

Children's Newsletter

St Mary's

5th Sunday
of Ordinary
Time

Mark's 1:29-39

Jesus visits the home of Simon and Andrew. Simon's mother-in-law was sick in bed but Jesus went to see her and cured her. While he was there many people came to see him and he cured the sick and those who needed help.

In the morning before others were awake, Jesus left to find a quiet place to pray.

When Simon and his friends found him, Jesus suggested that

they go on to preach in other villages. Jesus explained that this was why he had come.

This Gospel shows us some things about Jesus. It shows us how he loved the people he was with and how he came to the house of Simon as a friend.

It also shows us his compassion when he helped those who came to him in need.

Another thing it shows is that Jesus is a man of prayer.

Jesus is a good example of how we should behave towards others, and how we should take time to pray.



Prayer

Sometimes it isn't easy to find time to pray or when we do, to know what to say. It's like many things, if you get into the habit of saying a prayer when you wake up and just before you go to sleep then it's easy to remember. Try and find a quiet place and give your whole attention to it.

You could just tell God about your day, or whatever you are worrying about.

Here are a few prayers which you could use.

Prayer for the Morning

Lord, I awake and see your light,
For You have kept me through the night,
To You I lift my hands and pray,
Keep me from sin throughout this day,
And if I die before it's done,
Save me through Jesus Christ, Your Son.

The Glory Be

Glory be to the Father
And to the Son
And to the Holy Spirit
As it was in the beginning,
Is now,
And ever shall be,
World without end. Amen

Prayer to your Guardian Angel

O angel of God my guardian dear,
to whom God's love commits me here.
Ever this day be at my side, to light
and guard, to rule and guide.

Act of Love

O My God,
I love you above all things,
with my whole heart and soul,
because you are all-good and worthy of all love.
I love my neighbour as myself for the love of
you.
I forgive all who have injured me,
and ask pardon of all whom I have injured.
Amen.



The Baptismal Font

This is where the blessed water is kept for when people are welcomed and baptised into the family of God.

In the early church people were often baptised in local rivers and streams. The earliest fonts were found in the old roman catacombs (the caves below the streets of Rome).

In the beginning they were called a number of names but the one we use now, the font, comes from the Latin word *fons* meaning a spring of water.

All parish churches will have a baptismal font. Do you know where ours is?

St Scholastica

St Scholastica always wanted to dedicate her life to God and she became a nun. She started a convent near to where her brother had a monastery. Her brother was St Benedict and they used to meet once a year to talk about religious matters.



The last time they met Scholastica asked her brother to stay with her until the morning, he refused as he never stayed away from the monastery. Scholastica prayed to God and there was such a fierce thunderstorm that Benedict and his friends could not return home.

Three days later Scholastica died. Benedict had her body brought to his monastery where she was buried.

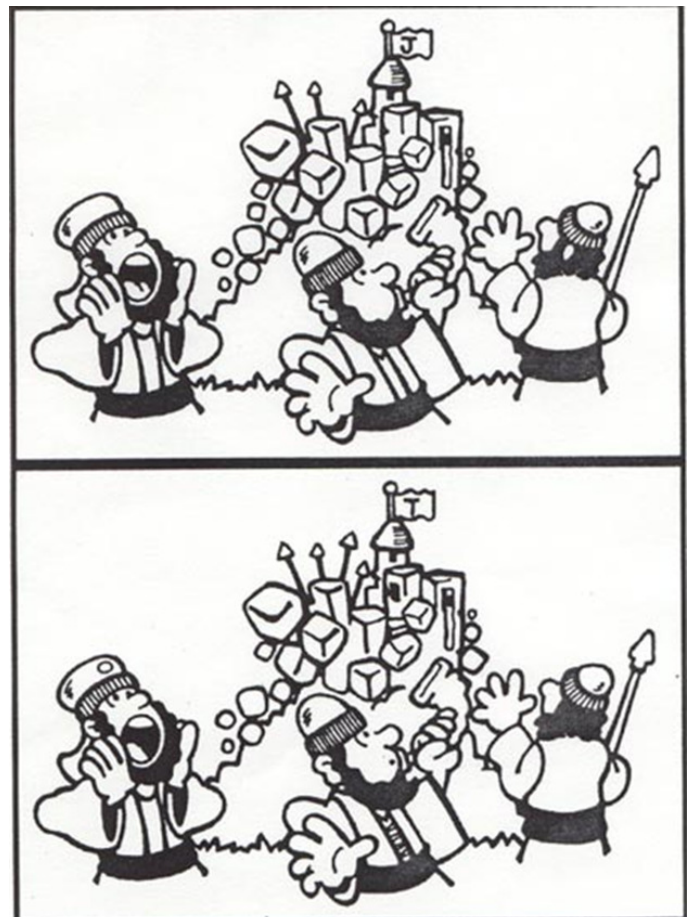
Her feast day is 10th February.

Joshua - Superhero

Joshua was leading the Israelites over the River Jordan. When he reached Jericho, God repeated his promise to give the city to him. He told Joshua that every day for six days, the priests must blow their horns and carry the Ark in front of them. All the people must follow them and march around the city in silence. On the seventh day they had to do the same but they were to give a great shout.

The instructions were a bit odd but Joshua trusted God and told the people to do as God had said. They did this and on the seventh day the walls of Jericho fell down. The city was theirs.

Spot the Difference



P
R
A
Y
E
R

Write an acrostic poem