



## We will receive what we choose



We were reminded last weekend that whatever we choose will be ours:

**“He has placed before you fire and water: stretch out your hand for whichever you wish. Life and death are in front of people, and whichever one chooses will be given to him”.**

This weekend our First Reading recalls the first time in history when humanity freely chose to disobey God.

We've been thinking about the Fall (or Original Sin) recently when unpacking the term 'Lamb of God', reminding ourselves of the connection between sin and sacrifice.

This season of Lent calls us to sacrifice. We are called to deny the self as we prepare to accompany the Lord into His Sacrifice, when He becomes the 'Scapegoat', offered as the Sacrificial Lamb for us on Good Friday, our Passover.

As we deny the self, as we say no to sin, we strengthen our character and our resolve to resist temptation.

If we can resist temptation the sin becomes less of a problem and we begin to love God above all things and our Neighbour as the self, keeping the Ten Commandments, making the **right choice**.



### Parish Mission:

We are here to make Jesus in the Blessed Sacrament better known, loved honoured, worshiped & adored. All of our efforts in this parish will be geared towards helping every individual discover the Lord who is waiting for them to approach Him in the tabernacle.



## Holy Mass Times

Mon	10:00am
Tues	7:00pm
Wed	07:30am
Fri	12 Noon
Sat	6:00pm (Vigil)
Sun	10:00am

## Confession Times

Tues	6:00pm
Fri	11.00am
Sat	5:00pm

Or 30mins before any Mass



## Adoration Times:

Tues 6.00pm

Fri 11am

Sat 5pm

# February 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1 	2 Candlemas The end of Christmastide	3 	4 First Wednesday Prayers	5	6  SOUPS	7 CHESS 11am  Quiz 7:30pm
8 5 <sup>th</sup> Sunday Ordinary Time	9  Bible Study		11	12	13  SOUPS	14 
15 6 <sup>th</sup> Sunday Ordinary Time	16  Bible Study	17	18 <b>ASH WEDNESDAY</b>	19 Thursday after Ash Wednesday	20  SOUPS	21 Saturday after Ash Wednesday
22 1 <sup>st</sup> Sunday of Lent	23 First Week of Lent	24 First Week of Lent	25 First Week of Lent	26 First Week of Lent	27  SOUPS	28 First Week of Lent

**Lent Programme Begins**

## Dates / Events coming up:

22 <sup>nd</sup> February	Prayer and Praise: 5pm on Sundays begins
7 <sup>th</sup> March	St Patricks Quiz Night
29 <sup>th</sup> March	PASSION SUNDAY – the Beginning of Holy Week
31 <sup>st</sup> March	Chrism Mass 10am St John's Cathedral Portsmouth
2 <sup>nd</sup> April	Maundy Thursday
3 <sup>rd</sup> April	Good Friday
4 <sup>th</sup> April	Święconka: Blessing of the food baskets 10am Easter Vigil Mass 8pm
5 <sup>th</sup> April	Easter Sunday
6 <sup>th</sup> April	Easter Monday family fun day
7 <sup>th</sup> April	Easter Octave: Weekday Masses 10am

## Supporting the Parish:

Account Name: CDP BORDON SACRED HEART  
Sort Code: 30-93-04 Account Number: 01755138

[www.sacredheartbordon.co.uk](http://www.sacredheartbordon.co.uk)

## New Readers

We have a fantastic team of Readers here in the Parish. If you would like to join the Rota, please let Fr John know. There will be a short training session on Saturday 28<sup>th</sup> Feb at 11am.

## Gardening Team

Susan has issued the latest Gardening Newsletter. If you didn't receive a copy, please let her know.

## First Holy Communion Session

We meet again this Saturday at 10am.

## 7<sup>th</sup> March Quiz Night

Tables available for our next Quiz Night 7<sup>th</sup> March 7:30pm

# FIND FREEDOM HEALING PEACE

It's time to allow God to help you



SACRED HEART CHURCH BORDON

SUNDAYS 5PM

Chess club  
First Saturday  
11am

Quiz Night  
First Saturday  
7:30pm

Parish Pipe  
Band  
Thursdays  
7pm

Coffee: Mon,  
Wed & Fri 8am  
-10am

Soups  
Every Friday  
12:30pm

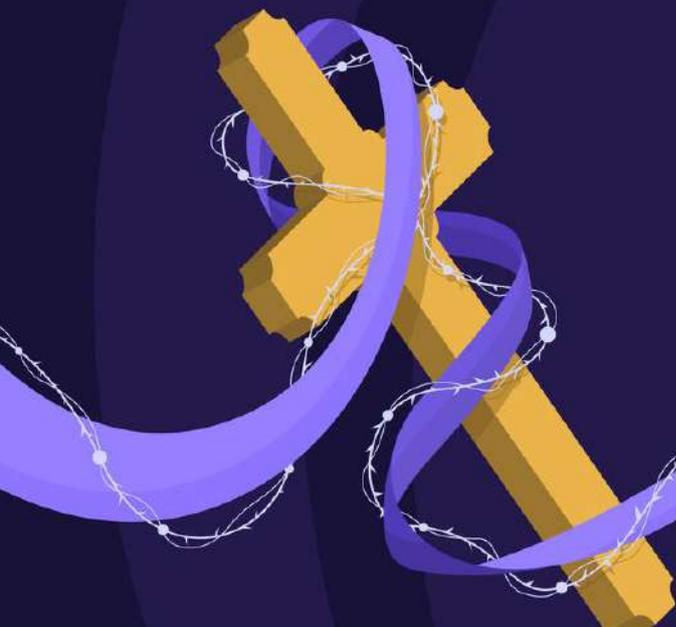
Gardening  
Team  
Saturdays

Community  
Pantry  
Mon: 8am-  
10am and  
12noon -2pm,  
Wed: 8am –  
9:30am  
Fri: 8am –  
10am and  
12:45pm – 2pm



Congratulations to Baby Anne who was baptised here in the parish last weekend. We pray for her and in a particular way for her Parents and Godparents that they will faithfully keep the vows they made to be good examples in practicing our faith.

We do not celebrate Baptisms during Lent, but we do look forward to the baptisms of Pippa, Penny, Amelie, Raymond and Karl during Eastertide.



# Lent

Pray, Fast, Serve

## Things to do this Lent in the Parish:

- Monday: Bible Study 10:45am
- Tuesday: Adult Formation 7:45pm
- Wednesday: Early Mass 0730am
- Friday: Soup Fast Day 12:45pm
- Saturday: Outdoor Stations 10:15am
- Sunday: Prayer and Praise 5pm



## Mass times:

- Monday: 10:00am
- Tuesday: 7:00pm
- Wednesday: 0730am
- Friday: 12 noon
- Saturday: 6:00pm
- Sunday: 10:00am

## Confession Times:

- Monday: 30mins before Mass
- Tuesday: 6:00pm
- Friday: after Stations of the Cross
- Saturday: 5:00pm

**Tues 31st March 7:00pm**

## Adoration Times:

- Tuesday: 6:00pm
- Friday: 11am
- Saturday: 5:00pm

## Stations of the Cross:

- Friday: 11am
- Saturday: 10:15am



# Fasting & Abstinence



Every Friday of the year is a day of self-denial. Each week we are given the opportunity to prepare for Lent.

Every Catholic is united on Fridays as we fast and abstain from eating meat. It is a religious dietary requirement for Catholics to refrain from eating meat every Friday.

Canon Law 1251 requires every Catholic to keep the Friday Fast.

Fridays should have a penitential feel to them as we consciously recall the Lord's Passion (Suffering) and Death.

If we eat meat on a Friday, we should confess this in our next Confession.

## Fridays Prepare us for Lent From the Catechism:

**1438** The seasons and days of penance in the course of the liturgical year (Lent, and each Friday in memory of the death of the Lord) are intense moments of the Church's penitential practice. These times are particularly appropriate for spiritual exercises, penitential liturgies, pilgrimages as signs of penance, voluntary self-denial such as fasting and almsgiving, and fraternal sharing (charitable and missionary works).





**Holy Baptism**  
Preparation courses run throughout the year (outside of Lent)

**Confirmation**  
our next session will be on **Sunday 1<sup>st</sup> March** after Mass

**Holy Communion**  
our next Preparation Programme will begin on Saturday **21<sup>st</sup> Feb 2026**

**Confession**  
**Tues 6pm**  
**Fri 11am**  
**Sat 5pm**  
or 30mins before any Mass

**Holy Matrimony**  
It takes at least one year to prepare for marriage

**Holy Orders**  
we should all consider whether God is calling us for service in His Church

**Last Rites**  
As soon as there is a danger to life, a priest must be called



**Family learning from the Catechism:**

**What does the Catechism say about Lent?:**

**1434** The interior penance of the Christian can be expressed in many and various ways. Scripture and the Fathers insist above all on three forms, fasting, prayer, and almsgiving, which express conversion in relation to oneself, to God, and to others. Alongside the radical purification brought about by Baptism or martyrdom they cite as means of obtaining forgiveness of sins: effort at reconciliation with one's neighbour, tears of repentance, concern for the salvation of one's neighbour, the intercession of the saints, and the practice of charity "which covers a multitude of sins."

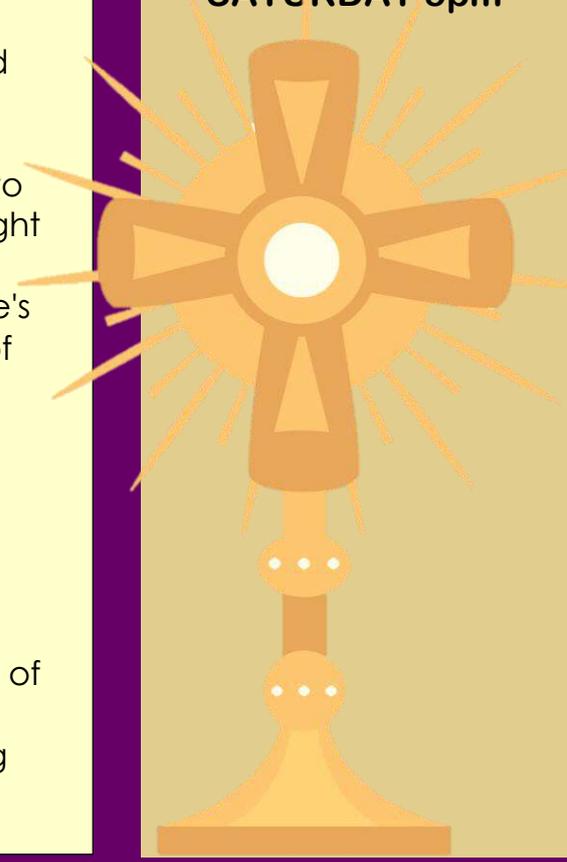
**1435** Conversion is accomplished in daily life by gestures of reconciliation, concern for the poor, the exercise and defence of justice and right, by the admission of faults to one's brethren, fraternal correction, revision of life, examination of conscience, spiritual direction, acceptance of suffering, endurance of persecution for the sake of righteousness. Taking up one's cross each day and following Jesus is the surest way of penance.

**Times when we can adore the Lord in the Blessed Sacrament:**

**TUESDAY 6pm**

**FRIDAY 11am**

**SATURDAY 5pm**



**The church is open every day from 9am – 7pm for private prayer**

**How long have you spent in prayer this week?**

## Saturday 21<sup>st</sup> February

First Sunday of Lent, (Vigil)

Joyful Mysteries

Dedicated to the Blessed Virgin Mary

Stations of the Cross **(Outdoors)** 10:15am

Confessions: 5:00pm - 5:40pm

Adoration: 5:00pm

Holy Mass: (Sunday Vigil) 6:00pm DJ, MV and JH Murphy RIP [N]

## Sunday 22<sup>nd</sup> February

First Sunday of Lent

Glorious Mysteries

Dedicated to the Resurrection

Holy Mass: 10:00am Emelinda Concepcion RP

Lent praise and worship 5:00pm

## Monday 23<sup>rd</sup> February

Of the First Week of Lent

Joyful Mysteries

Dedicated to the Holy Souls

Holy Mass 10:00am Judith & Brian Tiddeman & Mary & Derek White RIP

Bible Study: 10:45am

## Tuesday 24<sup>th</sup> February

Of the First Week of Lent

Glorious Mysteries

Dedicated to the Holy Angels

Confessions: 6:00pm - 6:40pm

Adoration: 6:00pm

Holy Mass: 7:00pm Santiago Quilingan RIP [N]

Adult Formation 7:45pm

## Wednesday 25<sup>th</sup> February

Of the First Week of Lent

Sorrowful Mysteries

Dedicated to St Joseph

Holy Mass: 07.30am Katherine Y. F. Ng RIP [N]

## Friday 27<sup>th</sup> February

Of the First Week of Lent

Sorrowful Mysteries

Dedicated to the Cross

Stations of the Cross 11:00am – 11:40am

Adoration: 11:00am

Holy Mass: 12 noon Neil and Denise Watson RIP [N]

Friday soups: 12:45pm

**Sacred Heart Catholic church, High Street, Bordon. GU35 0AU**