

Children's Newsletter

St Mary's

Matt 5:13-16

5th Sunday
of Ordinary
Time

Today's gospel says that YOU are the light of the World. That you should not hide your talents but use them for the glory of God.

It is easy to think of the things that we do not do well or are not good at. It is more difficult to say what we are good at. Write down here all your talents and qualities. Are you friendly, brave, like a challenge, think of others? Are you good at sport/music/art/dancing? Are you good at problem solving, critical thinking, puzzles/maths? Everyone has talents given to us by God, but they need practicing to make them better. what are yours?

Prayer

Sometimes it isn't easy to find time to pray or when we do to know what to say. It's like many things, if you get into the habit of saying a prayer when you wake up and just before you go to sleep then it's easy to remember. Try and find a quiet place and give your whole attention to it.

You could just tell God about your day, or whatever you are worrying about.

Here are a few prayers which you could use. Remember to include one to the Holy Spirit.

Prayer for the Morning

Lord, I awake and see your light,
For You have kept me through the night,
To You I lift my hands and pray,
Keep me from sin throughout this day,
And if I die before it's done,
Save me through Jesus Christ, Your Son.

The Glory Be

Glory be to the Father
And to the Son
And to the Holy Spirit
As it was in the beginning,
Is now,
And ever shall be,
World without end. Amen

Prayer to your Guardian Angel

O angel of God my guardian dear,
to whom God's love commits me
here. Ever this day be at my side, to
light and guard, to rule and guide.

Amen

Act of Love

O My God,
I love you above all
things,
with my whole heart and soul,
because you are all-good and worthy of all love.
I love my neighbour as myself for the love of you.
I forgive all who have injured me,
and ask pardon of all whom I have injured. Amen.





The Baptismal Font

This is where the blessed water is kept for when people are welcomed into and baptised into the family of God.

In the early church people were often baptised in local rivers and streams. The earliest fonts were found in the old roman catacombs (the caves below the streets of Rome).

In the beginning they were called a number of names but the one we use now, the font, comes from the Latin word *fons* meaning a spring of water.

All parish churches will have a baptismal font. Do you know where ours is?

St Valentine Feb 14th

There are at least 3 different Saint Valentines who all died for their faith, two in Rome and one in Africa.

Very little is known about them especially the African Valentine. One of the Roman Saint Valentines is described as a priest and another as a Bishop.

SAINTS FUN FACTS by John Sheppard

A kind hearted Roman priest, he aided young Christians being persecuted by Claudius II and was imprisoned. While in custody, he converted 46 members of a guards family to Christianity! Upon discovering this, Claudius sentenced him to death. He is the patron of love, young people and happy marriage.

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St. Valentine

Joshua - Superhero

Joshua was leading the Israelites over the River Jordan. When he reached Jericho, God repeated his promise to give the city to him. He told Joshua that every day for six days, the priests must blow their horns and carry the Ark in front of them. All the people must follow them and march around the city in silence. On the seventh day they were to do the same but they were to give a great shout.

The instructions were a bit odd but Joshua trusted God and told the people to do as God had said. They did this and on the seventh day the walls of Jericho fell down. The city was theirs.

Spot the Difference

