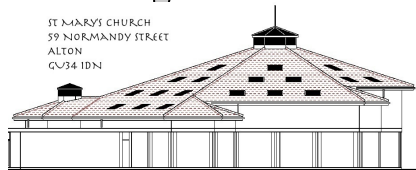


# St Mary's Parish Newsletter



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## MASS TIMES & INTENTIONS

w/c Sunday 31st May, 2026

### THE MOST HOLY TRINITY

(A1) (Office Proper)

Saturday	Feria	
	5.30pm	Vanessa Smith, RIP, (MC)
Sunday	<b>THE MOST HOLY TRINITY</b>	
St. Lucy's	9.00am	Srs Barbera & Joan RIP
St. Mary's	11.00am	Leah Cordova, RIP
Monday	<b>St. Justin, Martyr</b>	
	9.30am	The People of the Parish
Tuesday	Feria	
	NO MASS	
Wednesday	<b>St. Charles Lwanga &amp; Companions, Martyrs</b>	
	9.30am	Rosamma Augustine RIP (RG)
Thursday	Feria	
	9.30am	Special Intention (JD)
Friday	<b>St. Boniface, Bishop, Martyr</b>	
	9.30am	Johnny Augustine, RIP (JG)
Saturday	Feria	
	5.30pm	Eileen McDermott, RIP (KMcd)
Sunday	<b>CORPUS CHRISTI</b>	
St. Lucy's	9.00am	The People of the Parish
St. Mary's	11.00am	Patricia O'Driscoll, RIP
<i>Confessions: Saturday at 4.45pm and by appointment</i>		

## THE MOST HOLY TRINITY

Entrance Antiphon

**Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love**

First Reading Exodus 34:4-6, 8-9

Responsorial Psalm

**To be praised and highly exalted for ever!**

Second Reading Corinthians 13:11-13

Gospel Acclamation

**Alleluia, Alleluia !** Glory be to the Father, and to the Son, and to the Holy Spirit, the God who is, who was, and who is to come. **Alleluia !**

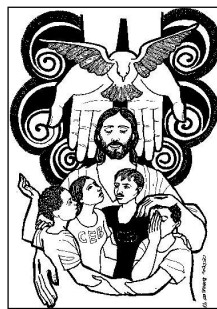
Gospel John 3:16-18

Communion Antiphon:

**Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.**

*The next Special Collection for **Day for Life**, will be taken on 20th & 21st June.  
The **Peter's Pence** collecton will be on 27th & 28th June.*

*Glory be to the Father, son and Holy Spirit*



## The Most Holy Trinity

31st May 2026

We begin our Summer 'Ordinary Time' by celebrating a strange feast - not of a particular saint or event, but of the awesome paradoxes of our God, the Three-in-One, Father, Son and Spirit: so immeasurably distant, yet so amazingly close, so full of power and so full of love. It is love that is the key to the mystery: the revelation of God, to Moses and in Jesus Christ, the Son of God,

shows a perfect love - a perfect unity.

In the beginning, in the story of Creation in Genesis, God made man and woman 'in the image and likeness of God', to live together as a community of love. So too, the Church is an image of this perfection of community which is Father, Son and Spirit. We, as many members of one Church, strive in our everyday lives to imitate God who is Three and One, perfect unity and perfect love.

## A Pope's Reflection - Benedict XVI

*On this Sunday that follows Pentecost, we are celebrating the Solemnity of the Most Holy Trinity. Thanks to the Holy Spirit, who helps us understand Jesus' words and guides us to the whole truth, believers can experience, so to speak, the intimacy of God himself, discovering that he is not infinite solitude but communion of light and love, life given and received in an eternal dialogue between the Father and the Son in the Holy Spirit - Lover, Loved and Love, to echo St Augustine.*

*In this world no one can see God, but he has made himself known so that, with the Apostle John, we can affirm: "God is love", and "we have come to know and to believe in the love God has for us". Those who encounter Christ and enter into a friendly relationship with him welcome into their hearts Trinitarian Communion itself, in accordance with Jesus' promise to his disciples: "If a man loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him". For those who have faith, the entire universe speaks of the Triune God. From the spaces between the stars to microscopic particles, all that exists refers to a Being who communicates himself in the multiplicity and variety of elements, as in an immense symphony. All beings are ordered to a dynamic harmony that we can similarly call "love". But only in the human person, who is free and can reason, does this dynamism become spiritual, does it become responsible love, in response to God and to one's neighbour through a sincere gift of self. It is in this love that human beings find their truth and happiness. Among the different analogies of the ineffable mystery of the Triune God that believers are able to discern, I would like to cite that of the family. It is called to be a community of love and life where differences must contribute to forming a "parable of communion". The Virgin Mary, among all creatures, is a masterpiece of the Most Holy Trinity. In her humble heart full of faith, God prepared a worthy dwelling place for himself in order to bring to completion the mystery of salvation. Divine Love found perfect correspondence in her, and in her womb the Only-begotten Son was made man. Let us turn to Mary with filial trust, so that with her help we may progress in love and make our life a hymn of praise to the Father through the Son in the Holy Spirit.*

## Prayer to the Holy Trinity

Glory be to the Father,

Who by His almighty power and love created me, making me in the image and likeness of God.

Glory be to the Son, Who by His Precious Blood delivered me from hell, and opened for me the gates of heaven. Glory be to the Holy Spirit,

Who has sanctified me in the sacrament of Baptism, and continues to sanctify me

by the graces I receive daily from His bounty.

Glory be to the Three adorable Persons of the Holy Trinity, now and forever. Amen

# Saints of the Week

## June 1st, Saint Justin Martyr

Saint Justin Martyr never ended his quest for religious truth even when he converted to Christianity after years of studying various pagan philosophies. As a young man, he was principally attracted to the school of Plato. However, he found that the Christian religion answered the great questions about life and existence better than the philosophers. Upon his conversion he continued to wear the philosopher's mantle, and became the first Christian philosopher. He combined the Christian religion with the best elements in Greek philosophy. In his view, philosophy was a pedagogy of Christ, an educator that was to lead one to Christ. Saint Justin Martyr is known as an apologist, one who defends in writing the Christian religion against the attacks and misunderstandings of the pagans. Two of his so-called apologies have come down to us; they are addressed to the Roman emperor and to the Senate. For his staunch adherence to the Christian religion, Justin was beheaded in Rome in 165.

**Reflection:** As patron of philosophers, Saint Justin Martyr may inspire us to use our natural powers—especially our power to know and understand—in the service of Christ, and to build up the Christian life within us. Since we are prone to error, especially in reference to the deep questions concerning life and existence, we should also be willing to correct and check our natural thinking in light of religious truth. Thus we will be able to say with the learned saints of the Church: I believe in order to understand, and I understand in order to believe.

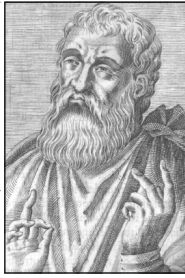
## June 3rd, Saint Charles Lwanga and Companions

One of 22 Ugandan martyrs, Saint Charles Lwanga is the patron of youth and Catholic action in most of tropical Africa. He protected his fellow pages, aged 13 to 30, from the sexual demands of the Bagandan ruler, Mwanga, and encouraged and instructed them in the Catholic faith during their imprisonment for refusing the ruler's demands. Saint Charles first learned of Christ's teachings from two retainers in the court of Chief Mawulugungu. While a catechumen, he entered the royal household as assistant to Joseph Mukaso, head of the court pages. On the night of Mukaso's martyrdom for encouraging the African youths to resist Mwanga, St Charles requested and received baptism. Imprisoned with his friends, Charles' courage and belief in God inspired them to remain chaste and faithful. For his own unwillingness to submit to the immoral acts and his efforts to safeguard the faith of his friends, Charles was burned to death at on June 3, 1886, by Mwanga's order. When Pope Paul VI canonized these 22 martyrs on October 18, 1964, he also made reference to the Anglican pages martyred for the same reason.

**Reflection:** Like St Charles, we are all teachers and witnesses to Christian living by the examples of our own lives. We are all called upon to spread the word of God, whether by word or deed. By remaining courageous and unshakable in our faith during times of great moral and physical temptation, we live as Christ lived.

## June 6th, Saint Norbert

In the 12th century in the French region of Premontre, Saint Norbert founded a religious Order known as the Praemonstratensians or the Norbertines. His founding of the Order was a monumental task: combating rampant heresies—particularly regarding the Blessed Sacrament, revitalizing many of the faithful who had grown indifferent and dissolute, plus effecting peace and reconciliation among enemies. St Norbert had no pretensions about his own ability to accomplish this multiple task. Even with the aid of a goodly number of men who joined his Order, he realized that nothing could be effectively done without God's power. Finding this help especially in devotion to the Blessed Sacrament, he and his Norbertines praised God for success in converting heretics, reconciling numerous enemies, and rebuilding faith in indifferent believers. Many of them



lived in central houses during the week and served in parishes on weekends. Reluctantly, Saint Norbert became archbishop of Magdeburg in central Germany, a territory half pagan and half Christian. In this position he zealously and courageously continued his work for the Church until his death in 1134.

**Reflection:** A different world cannot be built by indifferent people. The same is true in regard to the Church. The indifference of vast numbers of nominal faithful to ecclesiastical authority and essential doctrines of the faith weakens the Church's witness. Unswerving loyalty to the Church and fervent devotion to the Eucharist, as practiced by St Norbert, will continue immeasurably toward maintaining the people of God in accord with the heart of Christ.

### A Prayer for the Privilege of Martyrdom

#### St. Ignatius of Antioch, 2nd Century

In your prayers, ask only this for me,  
that the Lord may give me strength  
that I may not only be called, but proved to be a Christian.  
Then I will be seen faithful when the world no longer sees me,  
for nothing that is seen is eternal.  
The things perceived are temporal,  
but the things not seen are eternal.  
I write to the churches and charge you all  
that I die willingly for Christ, if you do not prevent me.  
I ask that your love for me be at the right time.  
Allow me to be devoured by wild beasts,  
through whom I may rise to God.  
I am the grain of God ground between the teeth of wild beasts,  
that I may be found to be the pure bread of Christ.  
Then indeed will I be the true disciple of Christ  
when the world will no longer see my body.  
Not as Peter and Paul do I command you.  
They were apostles, I am the least of them;  
they were free, but I am a slave even to this day,  
but, if you wish, I will be the freedman of Jesus Christ,  
and in him I will rise again and be free. Amen.

### PRAYERS TO THE HOLY SPIRIT

Breathe into me, Holy Spirit, that my thoughts may all be holy.  
Move in me, Holy Spirit, that my work, too, may be holy.  
Attract my heart, Holy Spirit, that I may love only what is holy.  
Strengthen me, Holy Spirit, that I may defend all that is holy.  
Protect me, Holy Spirit, that I may always be holy.

#### Saint Augustine

O God, send forth your Holy Spirit into my heart that I may perceive, into my mind that I may remember, and into my soul that I may meditate. Inspire me to speak with piety, holiness, tenderness and mercy. Teach, guide and direct my thoughts and senses from beginning to end. May your grace ever help and correct me, and may I be strengthened now with wisdom from on high, for the sake of your infinite mercy. Amen.

#### Saint Anthony of Padua

R	E	H	T	A	F	D	E	I	S	EVENING	FIRST	DAY
D	D	G	N	I	N	E	V	E	R	DOORS	CLOSED	DISCIPLES
Y	I	E	F	I	T	R	Y	J	O	PEACE	SIDE	FATHER
O	S	E	H	I	N	I	S	A	O	BREATHED	FORGIVE	RETAIN
J	C	V	R	T	I	E	T	A	D			
D	I	I	P	E	A	C	E	Y	E			
I	P	G	E	Y	T	E	O	D	S			
S	L	R	J	O	E	R	R	O	O			
C	E	O	T	S	R	I	F	B	L			
E	S	F	O	J	Y	O	D	A	C			

### Please remember in your prayers



Baby Polly Phillips, Matthew & Duncan Graham,  
John D., Mary McGinty, Regina Elliot,  
Maria Proli, Francesca Adams, Mary McGrath,  
Annie Tomlinson, Rita Rawling, Kate Cradock,  
Alex Smith, Jonathan & Lindy Wiltshire,  
Simon Wilder, Mary Sturgess, Theresa Davies,  
Flavia Stampa Gruss, Kay Hulbert, Pam Barbour

LORD, IN YOUR MERCY, HEAR OUR PRAYERS