

# Children's Newsletter

## St Mary's

### The Body and Blood

John 6:51-58

Today's Gospel tells us that the Eucharist should be very important in our lives because Jesus gave it to us and because it is part of Jesus.

These are quite difficult things to understand. The people who were with Jesus didn't understand what He was saying to them and they ended up arguing over it all.

Jesus tells us everything we need to know and we just have to have trust in Him.

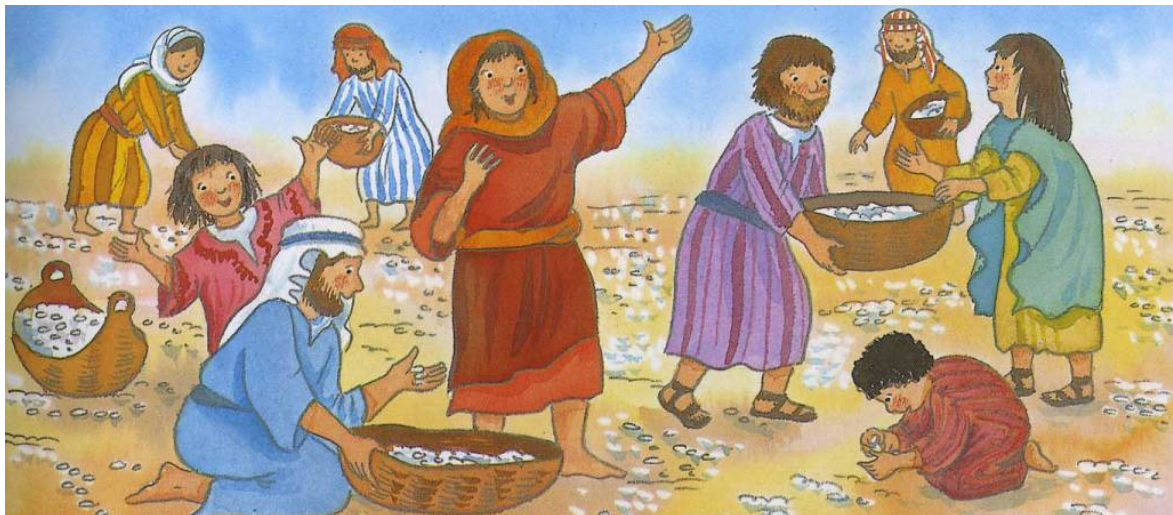
Today is a very special day for those young people who have recently made their First Holy Communion and it is also a special day for all of us in the parish.

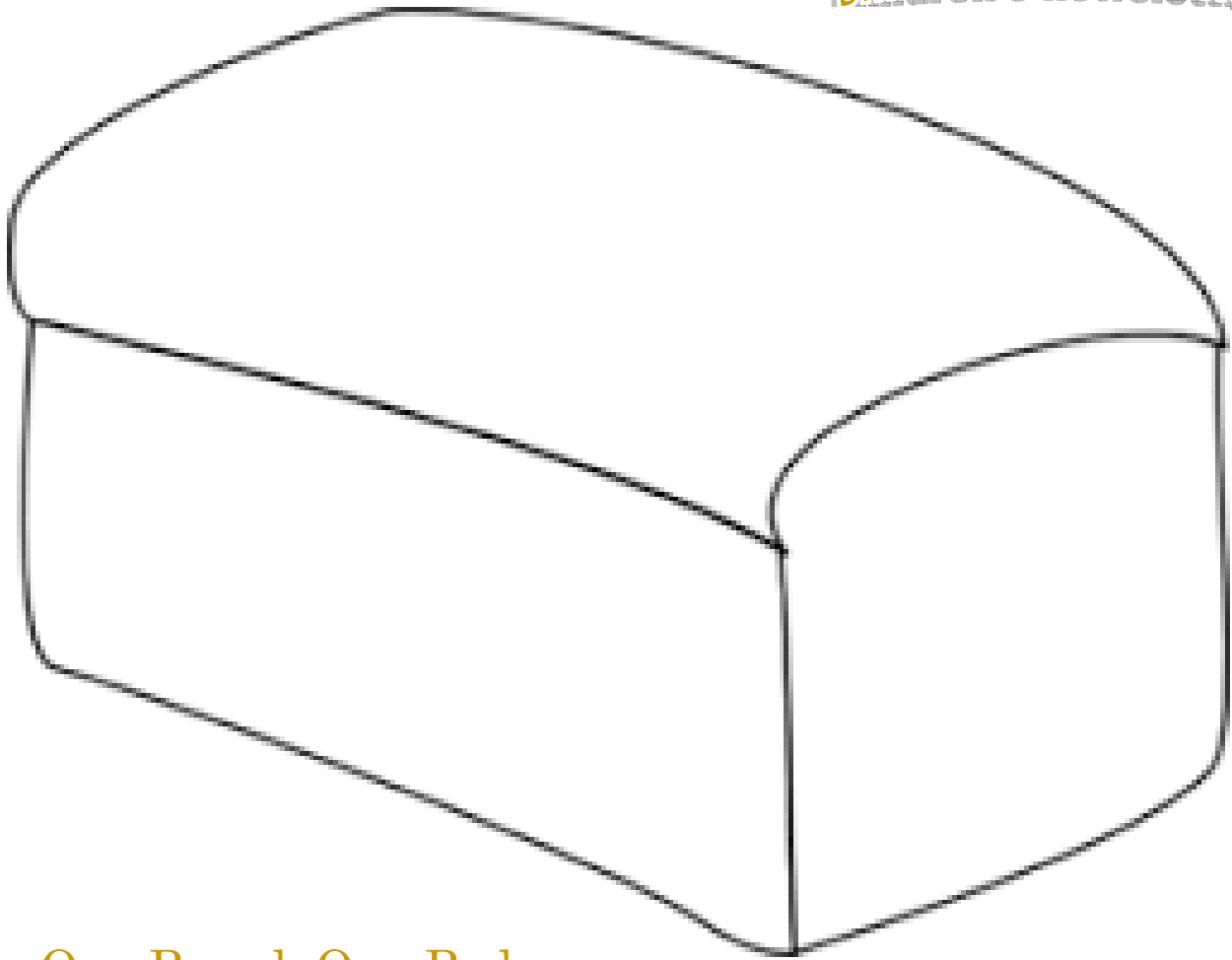
JESUS SAID:  
TAKE IT AND EAT IT. THIS IS MY BODY.  
TAKE IT AND DRINK IT. THIS IS MY  
BLOOD.



### God Feeds His People

In the first reading from Deuteronomy we hear Moses reminding the Israelites how God had fed them in the desert. They had run out of food and were complaining. God gave them manna, which turned up in the mornings and quail in the evenings. This meant that the Israelites never ran out of food even though they struggled through the desert for 40 years.





## One Bread, One Body

In the second reading, St Paul reminds his church in Corinth, that we are all the same. If we all share in the Eucharist, then we are like one body.

On the bread above, cut out and stick on lots of different faces from magazines to show how we are one body in the church.

B M M M G B D Y R G F P  
 L Z N Y X R R E D O B P  
 O N E V I G K E R O A A  
 O D H N L A Q G A R B E  
 D O K G T P I V G D C Z  
 B R L L P V A R Z I L E  
 K O S A E V M Q L X E S  
 A T Z N T Q K A E F N C  
 G G E R W N H O N U E B  
 L S Z E C C A O I T W X  
 S B N T O S G N W O D M  
 W F R E P O U R E D I B

Find the words below, which are all from the Eucharistic Prayer in Mass

blood	Eucharist
body	forgiveness
bread	given
chalice	new
covenant	poured
drink	sins
eat	take
eternal	wine